

# TEAM HUN coaches role

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- 2023.05.08.



# TEAM HUN – Coaches Role

Head Coach : **CONSTANTINE Kevin**

Assistant Coach : **FODOR Szabolcs**

**KISS Dávid**

**SZILASSY Zoltán**

Goalie, Video Coach: **KONTSAS Jukka**



## TEAM HUN – Coaches Role

- Details
- Roles (clear)
- Time managment
- Discussions, find solution
- Clear messages to the players



# TEAM HUN – Coaches Role- Kevin Constantine

- Manage all additional coaching staff
- Develop and maintain team identity
- Team teaching (all scenarios)
- Develop daily practice plans (assistants to each have a drill ready)
- Video Meetings • Full team (5 on 5) Individuals (FWD & D)
-  /PK Structure with Assistant

MJSZ

## Coaches

- Review opponent 5 on 5 systems with Prescout Coach
- Media
- Statistics posting and analysis
- Player Leadership group thoughts
- Review video (with all assistants)
- Staying contact with Don MacAdam

# TEAM HUN – Coaches Role- System

1. 5 on 5 – K.C.
2. PP (54, 53, 43) – SZ.Z
3. PK (45, 35, 34) – K.C
4. 4 on 4 – F.SZ./SZ.Z
5. 3 on 3 – SZ.Z./F.
6. 6 on 5 – SZ.Z
7. 5 on 6 – F.SZ.
8. FO's – K.C.



# TEAM HUN – Coaches Role- Bench

- Defense assistants
- Defense 1 – K.D.
- Defense 2 – F.SZ.
- Manage D match-up vs opposition top lines – K.D., F.SZ.
- Chart D-pair/Individual D 5 on 5 scoring chances against – K.D.
- FODZ win and loss monitoring – F.SZ.
- 5 on 6 team communication – F.SZ.
- Forward assistant
- Forwards 1 – SZ.Z.
- FOOZ win and loss monitor – SZ.Z.
- 6 on 5 team communication – SZ.Z.
- Watch opponents systems – F.SZ.
- Head sets - challenges – SZ.Z.
- Track C's FO% (goalie has the sheet - during TV timeouts) – F.SZ.
- Overtime • Choosing 3 on 3 groups – F.SZ./SZ.Z. •
- Choose (practice/games/history) shoot-out players – F.SZ.



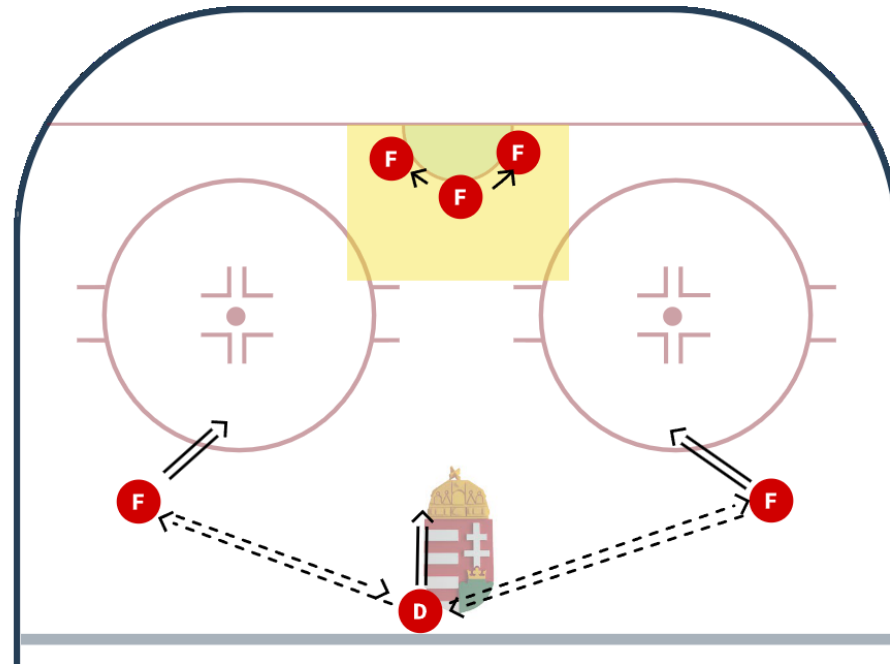
# TEAM HUN – Coaches Role

- **Prescout** • PP Prescout opposition PK - Z/J (video and meeting) • PK Prescout opposition PP - D (video)/K (meeting) • FO • BO • OZP • Scoring chances (video and stats) • Units #'s • Different units - different systems? • Opposition tendencies - F (meeting) • FCC • BOC • FO all zones • Video and stats on opposition 5 on 5 scoring chances for (biggest two offensive threats) • Prepare Prescout notes to post in locker room - F • Present Prescout to Head Coach or to Team - F • Project Opposition line-up (forward lines and D pair) - F
- **Practices** • Create drills (everyone) • Feedback during practice (if you see it or think it - they should hear you) • Red F's - Z/K • White F's - Z/K • Red D - D/F • White D - D/F • Split drills • F's in one end - Z/K • D in one end - D/F • Before/after practice • Individual D drills - D/F • Individual F drills - Z • Conditioning for injured players or healthy scratches - includes liaison with trainer - Z • Game day skates - D/J
- **Meetings/lectures/teaching** • Tests/grading (xcel sheet email) - D/Z/F • Review with any player who misses any meeting - D/F • Bring stats (Levi) to meetings - K • Highlite tape (chances, hits, blocks - music - player's theme songs) - J
- **Game preparation** • Post line up (2 sheets - 1) 5 on 5/PK - 2) PP groups - D/F • Conduct PP meeting - Z/J • Conduct PK meeting - K
- **Inbetween periods** • Talk to team - Z/K • Stats review • FO review - Z • D stats review - D • F lines stats review - Szabi • Review opposition tendencies - F • Time reminder (Clock) - F
- **Miscellaneous** • Track foreign players age 20 and older - after Worlds F • Off ice training - post game recovery liaison - Z • Injury monitoring and return to practice/play - Z • Leadership group coordinator - K/F/D
- **Feedback** - groups PP review - Z/J PK review - K D group meetings - D/F F group meetings - Z



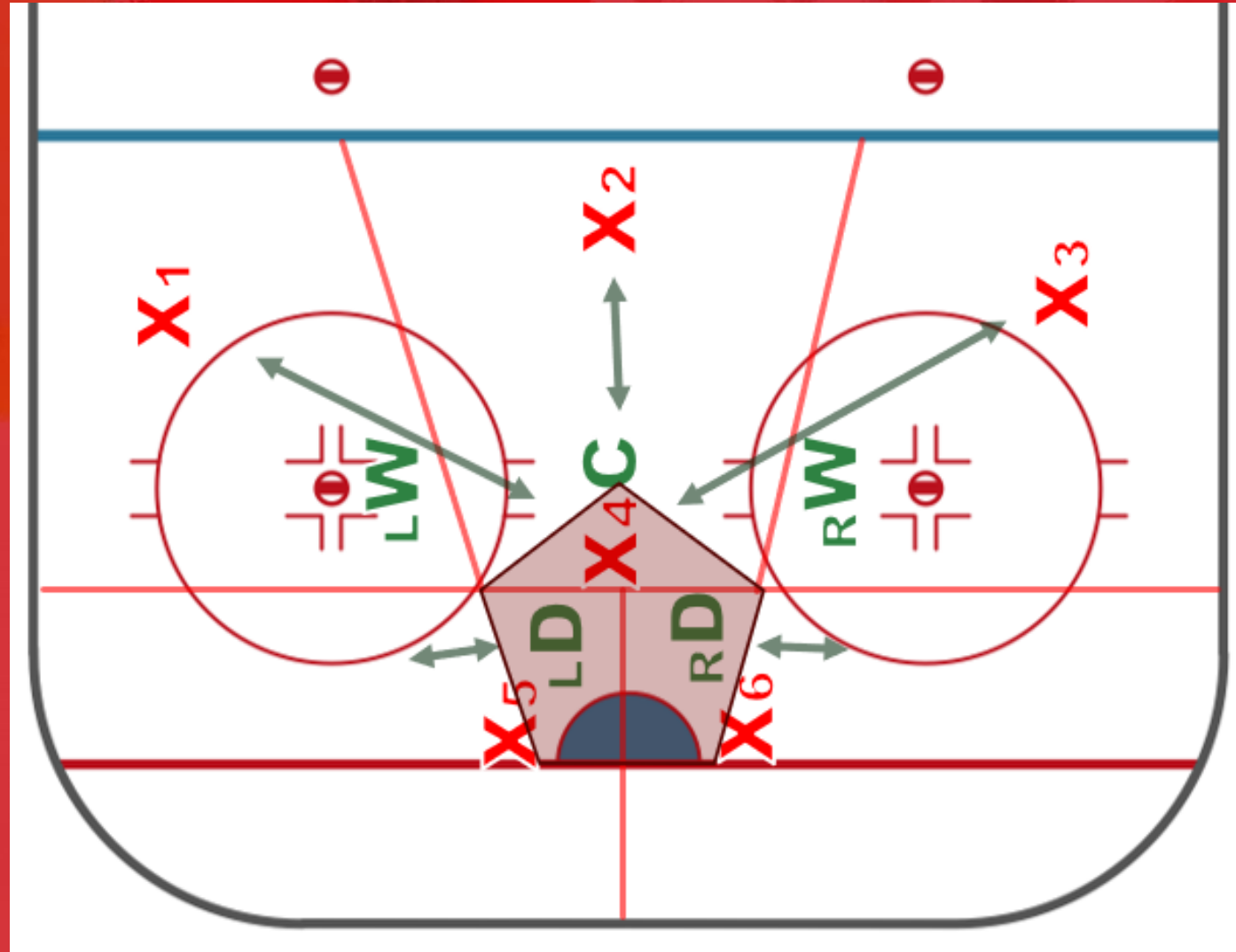
# TEAM HUN – Diagrams

6 of 5 High area + Net front





# TEAM HUN – Diagrams



# TEAM HUN – Mentoring at the camp

All assistant coach had 10 players at the training camp

The goal to make your player to make the final roster

Give him feedback, teach, support

Have to make sure the player understand all the feed  
backs



# TEAM HUN – Mentoring at the camp

Player # \_\_\_\_\_

## **Love**

1. Workethic
2. Compete
3. Knowing the system
4. Reliable

## **Fix (make the team)**

1. Quicker thinking
2. Skating with puck

## **Work on your game**

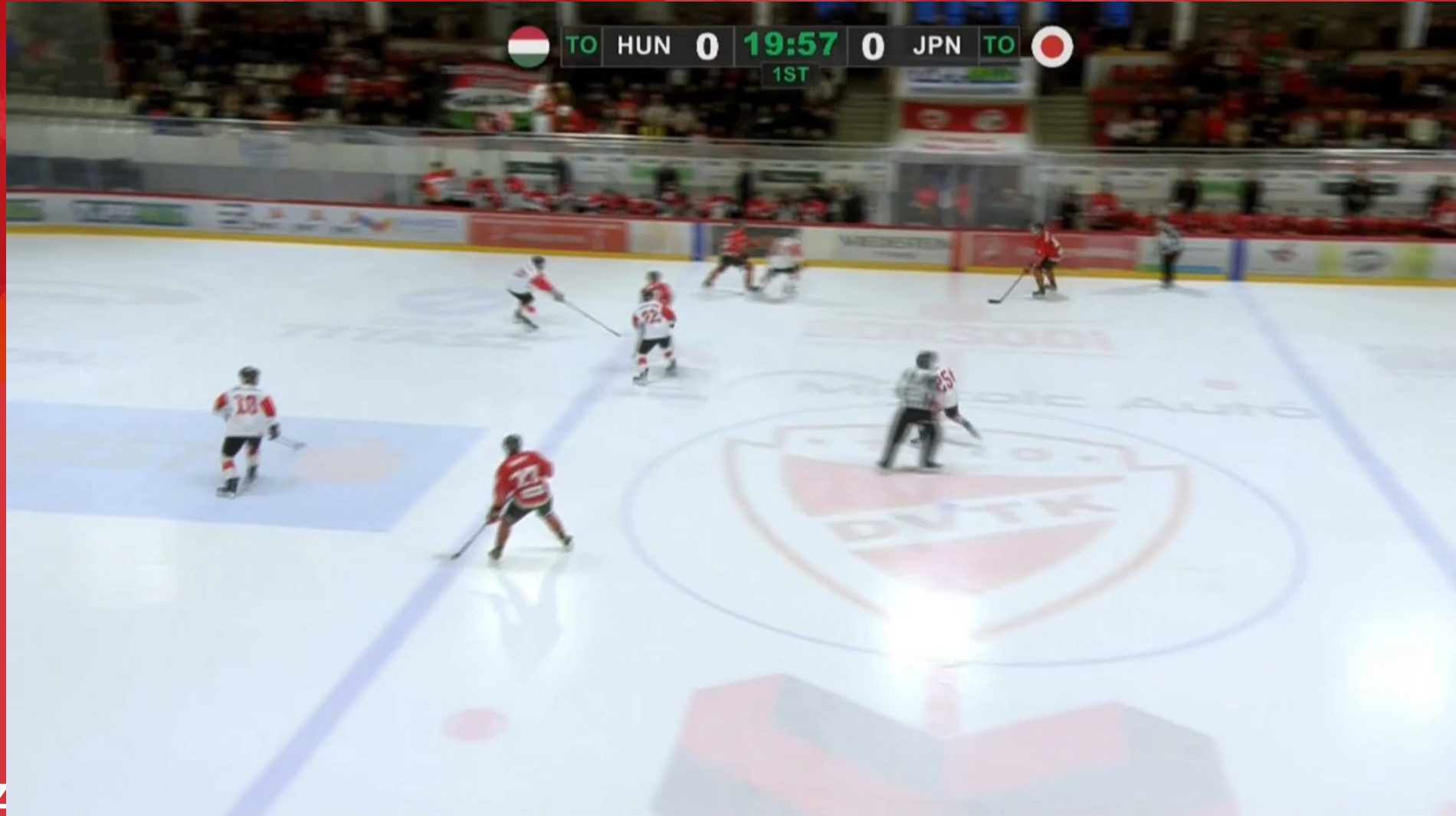
1. Flat stick
2. Puck placements
3. Get the shots through



# TEAM HUN – Teaching line



# TEAM HUN – Teaching full team



# Q & A



# KÖSZÖNJÜK A FIGYELMET!

MVM Energiát adunk  
a szórakozáshoz

MAGYAR JÉGKORONG SZÖVETSÉG

DATE 2023.05.08.